



31st Marine Corps Marathon • October 29, 2006 • www.marinemarathon.com

For Immediate Release
February 17, 2006

Press Release

Media Contact: Beth Cline 703 432 1165
Elizabeth.Cline@usmc.mil

Marine Corps Marathon Healthy School Award Presented to Springfield, VA's Lynbrook Elementary for 5th Consecutive Year

FAMILIES Magazine Presents Physical Education Scholarship to School with Most Participants in Healthy Kids Fun Run

QUANTICO, VA – QUANTICO, VA- Lynbrook Elementary School in Springfield, Virginia received the Marine Corps Marathon Healthy School Award for the fourth straight year in a special all-school presentation on Friday, February 17, 2006. The Healthy School Award was presented to the school with the most participants in the Marine Corps Marathon Healthy Kids Fun Run, held annually during MCM weekend for children ages 6-13.

The presentation welcomed the entire student body, teachers, and administrators, as well as special guests WJLA meteorologist Brian van de Graaf, representative for Washington FAMILIES magazine Terri Yarish and MCM Race Director Rick Nealis. The students learned about the importance of health and physical fitness throughout their lives and were saluted for the school-wide commitment to leading a healthy lifestyle.

Also included in the program was an all-school exercise session led by Marines. Miles, the MCM mascot joined students for a variety of stretches and motivational warm-ups.

Families Magazine, a sponsor of the Kids Run, presented a \$1,000 donation to the school's physical education department. McDonalds supplied the school with apple dippers for each student and Mascot Books donated copies of the MCM publication *Run, Miles, Run!* to the school library.

The Healthy Kids Fun Run presented by The Washington Post was held on October 30, 2005 at the Iwo Jima Monument in Arlington, Virginia. 993 children between the ages 6 and 13 participated in the event. Kids representing nearly 90 schools throughout the US participated in the event filled with mascots, cheerleaders, hands-on activities, good food and fun with the Marines.

Voted the Best Marathon for Families by HerSports Magazine, the Marine Corps Marathon continues a combined tradition of dedication, sportsmanship and patriotism. Since its inception, over 300,000 civilian and military runners from all walks of life have participated, deservingly earning the event its nickname "The People's Marathon." The 31st Marine Corps Marathon will be held on October 29, 2006. Visit marinemarathon.com for more information.

For media information, contact Beth Cline, Marine Corps Marathon Public Relations Coordinator at (703) 432-1165, or Elizabeth.Cline@usmc.mil. No federal or Marine Corps endorsement implied.

###