



# Help me – and kids – get fit!

Dear Family and Friends,

It is with great excitement that I tell you I am training for the **<event name>** on **<date>**, as a member of Team ING Run For Something Better. To help me cross the finish line, I joined Team ING Run For Something Better. The team will provide me with a great training program and support as I improve my fitness; and I will give back by fundraising for this worthy program. **I hope you'll help.**

ING Run for Something Better funds running and physical fitness education programs in local schools. Your donation will assist in expanding the program to additional students in **<area of race>** and nationwide. I encourage you to check out the teams' website at [www.charity.active.com/ingrunforsomethingbetter](http://www.charity.active.com/ingrunforsomethingbetter) to learn more.

I have committed to raise **<add your fundraising goal>** to support kids' fitness and **fight against childhood obesity**, and would love your support. Your donations will help the mission of ING Run for Something Better to help get kids on the road to a healthier lifestyle.

Please join me in this effort. It's easy to make a donation. Go to my own personal fundraising page:

<http://www.active.com/donate/orangelaces/personalURLkey>

Click on "make a contribution" and follow the prompts.

Thank you so much for supporting me -- and the Team ING Run for Something Better – as I undertake this significant personal milestone.

Warmest Regards,

**<Add your name and URL here>**



Your future. Made easier.<sup>SM</sup>